



UNIVERSITÀ  
DEGLI STUDI  
DI MILANO

## OVERSEAS PROGRAMME GUIDE FOR INCOMING STUDENTS



### BEFORE THE ARRIVAL

Before the beginning of your mobility, make sure to have the following documents ready:

- Passport with VISA
- Insurance
- Learning Agreement
- 4 passport-sized pictures
- Tax ID code

To pay the fees for the permit of stay and other expenses, we suggest having with you EUR 200.00/300.00 cash.

### COVID-19

- Click [here](#) to update info on travelling to Italy
- [Latest updates](#) (city of Milan)
- [Measures](#) for the university community

### Insurance

It is your responsibility to insure yourself and your belongings while you are staying in Italy. Before your departure to Italy you are recommended to subscribe to the following insurance policies:

- health insurance to cover any medical treatment that you might require during your stay
- civil liability insurance
- accident insurance

A copy of the insurance contract is necessary for completing the enrollment at the University of Milan. Insurance for civil liability and against accidents can be subscribed at the University of Milan at the price of EUR 15.50.

### Tax ID code

*Codice fiscale* (Italian tax identification number) is an identification code vital for you to sign contracts, purchase telephone sim cards, open a bank account etc. Before leaving for Milan, please refer to the Italian Embassy/Consulate in your home country to obtain your tax ID code.

### Learning Agreement

As soon as you choose your courses at Unimi, and preferably before the beginning of the semester, you will have to fill out your Learning Agreement. The Learning Agreement must be approved and signed by the academic coordinators both at your home University and at UNIMI. You are expected to acquire 30 credits per semester.

Changes to the Learning Agreement can be made using the relevant form and must be previously agreed upon and allowed by both academic coordinators at the sending and hosting Institutions.

### ARRIVAL

Upon arrival, please report to our Office in order to complete your registration, start the procedures to obtain your permit of stay (if you plan to stay longer than 90 days) and receive information about your stay in Milan.

It is advisable to schedule your arrival during a working day (from Monday to Friday) to be best assisted by the International Mobility Office.

### After landing

Milan main airports, [Malpensa](#) and [Linate](#) are well connected to the city centre through a shuttle train ([Malpensa Express](#)) and bus services ([Malpensa Shuttle](#); [ATM](#)). A one-way ticket to Milan costs approximately EUR 10.00.

Orio al Serio airport is located in Bergamo and is connected to Milan by [bus](#).

Taxis are available in case of a lack of public transportation (late arrivals, strikes, etc.).

## City transport

The transportation service in Milan is provided by ATM. Metro lines, buses or trams reach the different areas of the city. One ticket costs EUR 2.00 and is valid for 90 minutes.

The monthly student pass costs EUR 22.00; in order to get it is necessary to buy the ATM Card at an [ATM Point](#). After getting the card, it is possible to buy the monthly transport pass in several ways: on [ATM website](#), in any authorized shop and any metro station.

## Permit of Stay

If you plan to stay in Italy longer than 90 days, you will have to apply for a permit of stay. Upon your arrival at Unimi, we will guide you through the procedures to obtain this document. The application form and supporting documents must be forwarded to the Italian government within 8 working days from your arrival in Italy. It will cost approximately € 102.00 (this amount may vary according to government laws). Please bring 4 bright, passport-size pictures with you.

[Yesmilano Students One - Stop – Shop](#) offer a support on administrative procedures such as residence & registration with the municipality, tax code application

## Italian language course at UNIMI

The University of Milan offers free Italian language courses to incoming exchange students. Check out more information [here](#).

## Dining at the University

Dining halls are available in all our facilities and the average meal price is EUR 6.00. Vegetarian meals are available. If your religion entails specific food restrictions, please let us know and we will provide you with information about different solutions.



## COURSES AT UNIMI

The academic year at Unimi starts between the end of September and the beginning of October. Courses are organized in two semesters, except courses of the Department of Political Sciences, which are organized in trimesters. See the Academic Calendar and be sure to plan your arrival a few days before the courses start.

### Lecture periods

Fall semester: October-December

Spring semester: January-June

### Exam periods

Fall Semester: January-February

Spring semester: June-July

A list of courses along with the schedule of classes will be available before the beginning of the academic year at <https://www.unimi.it/en/education/degree-programme-courses/degree-courses-2021-2022>.

Lessons timetable are available [here](#)

## Grades and credits

The university educational credits system was introduced to facilitate the mobility of students at both the national and international levels. Credits (CFU) are units that are used to measure the total amount of coursework required from a student, in terms of hours of study and tuition. One credit corresponds to 25 hours of work. The average annual workload of a full-time student is conventionally fixed at 60 credits. 1 CFU credit equals 1 ECTS credit.

1 academic year = 60 credits / 1 semester = 30 credits  
/ 1 term-trimester = 20 credits

To obtain the credits the student must pass the final exam Min. 18/30=sufficient grade Max 30/30=excellent grade.



## HEALTH

Kindly inform us about special health conditions in advance. Any information you provide will be covered by privacy.

## LIFE IN MILAN

The City of Milano welcomes international students and supports them during their travel to and stay in the city. All students can:

- Take a one-to-one appointment at the [One-Stop-Shop](#) to have administrative support or simply ask for more information about the city's life.
- Get to know the community and enjoy the best of Milano through our Workshops, Walks and Talks
- Get the free YesMilano Students digital card to get the latest deals, invitations and discounts.

More information on the website: <https://www.yesmilano.it/en/welcomestudents>

## Weather

Although spring and fall are relatively mild, sometimes rainy, the climate during winter can be pretty cold (the temperature can drop below 0 Celsius degrees, snowfalls may occur) while, during summer, the city is subject to heat waves which can raise the temperature up to 38 Celsius degrees.

## Cost of life

Here are a few examples of basic living costs in Milan.

The average monthly fee for renting a furnished studio is EUR 800.00, EUR 1300.00 for a two-bedroom apartment.

The average price for lunch (pizza and beverage) is EUR 15.00. A coffee costs EUR 1.00.

A ticket for the movies costs EUR 10.00.

A 90-minute ticket for public transportation within the city limits costs EUR 2.00. A monthly student travel card costs EUR 22.00. A train ticket from Milano to Rome costs EUR 80.00.

## ACTIVITIES

The University of Milan offers to its students the possibility to take part in different sports and cultural activities

### **ESN – Erasmus Student Network**

[Erasmus Student Network](#) is an association that represents international students, providing opportunities for cultural understanding and self-development under the principle of **Students Helping Students. Through their office you will be able to get in touch with other exchange students, sharing thoughts, events and opportunities.**

Address: Via Festa del Perdono, 7, 20122 Milano

Contacts: [esn@unimi.it](mailto:esn@unimi.it)

### CUS – Sport

For sixty years the [Sport University Centre](#) (CUS) has promoted and organized the university sports activity, allowing students of the University of Milan to practice more than 200 sports at amateur level in 40 sports facilities.

In order to get the access to the sports facilities and CUS activities it is necessary to get the membership card.

### **Cultural Activities**

The University of Milan has several partnerships with local cultural operators. Tickets at reduced prices are offered showing student card along with the ID (<https://www.unimi.it/en/study/student-life/cultural-activities>).

## **Holidays**

1 November, All Saints' Day

7 December, Sant'Ambrogio (Patron Saint of Milan)

8 December, Immaculate Conception

End of December-early January, Christmas holidays (dates to be defined)

14-18 April, Easter holidays (dates to be confirmed)

25 April, Liberation Day

1 May, Labor Day

2 June, Italian Republic Day

15 August, Assumption

## **END OF THE MOBILITY**

At the end of the mobility, you will receive a Transcript of Records that you will need for the recognition of courses at your home Institution.

